

Public Health Surveillance is a Pre- Requisite for Effective Food Control Programs

Craig Hedberg, PhD, Professor,
Division of Environmental Health
Sciences University of Minnesota,
School of Public Health

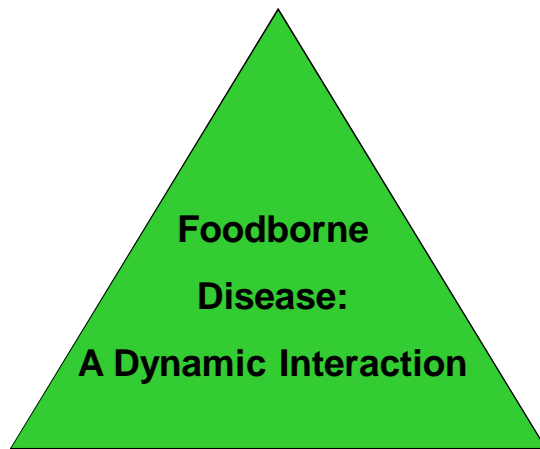
Why Public Health Surveillance?

- Effective food control
- Public health surveillance
- Role of epidemiology in food control
- Examples-what we can do to improve surveillance

Effective Food Control

- Characterize food item or process
- Identify hazards
- Identify points at which hazards contaminate food item, enter process, or can be controlled
- Monitor control points
- Initiate corrective action when process is out of control

Environment



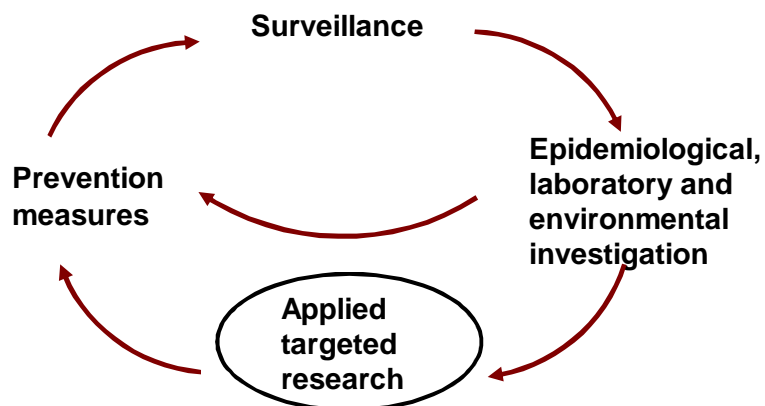
Agent

Host

Public Health Surveillance

- *“Public health surveillance is the ongoing, systematic collection, analysis, interpretation, and dissemination of data regarding a health event for use in public health action to reduce morbidity and mortality and to improve health.”*
CDC, 2001.

The Cycle of Public Health Prevention



Epidemiology

- Epidemiology is the study of events in populations.
 - Usually thought of in terms of diseases (e.g. Salmonella) but also includes factors associated with their occurrence (e.g. food consumption patterns).
 - Epidemiology differs from clinical medicine in that the unit of measurement is not the individual, but a defined population over a specified time period of observation.

The Importance of Epidemiology

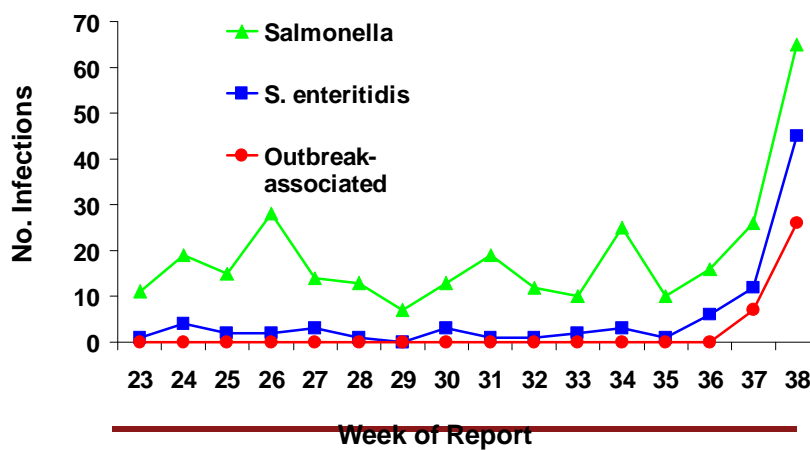
- Because public health surveillance, as a tool of epidemiology, involves the monitoring of populations, and
- Because consumption of contaminated food items by the population represents a complete sampling of the food item,
- Surveillance will always be more sensitive to product contamination than any quality assurance testing program.

Humans are the ultimate bioassay for the food supply

Role of Epidemiology in Food Control

- Identify new hazards
- Prioritize food safety interventions
- Provide feedback on effectiveness of food safety systems

Salmonella Infections by Week of Report, Minnesota, June-September 1994



UNIVERSITY OF MINNESOTA

Consumption of Ice Cream Among Cases and Matched Controls, Minnesota

| | |
|--|---|
| <ul style="list-style-type: none"> • 10 (67%) /15 cases, • 2 (13%) /15 controls <p>Ate: <u>Schwan's ice cream</u> (Matched OR=10.0; 95% CI, 1.4-434.0; p=0.007)</p> | <ul style="list-style-type: none"> • 13 (87%) /15 cases, • 10 (67%) /15 controls <p>Ate: <u>any ice cream</u> (Matched OR=2.5; 95% CI, 0.4-26.3; p=0.2)</p> |
|--|---|

UNIVERSITY OF MINNESOTA

States Reporting Cases Associated with Schwan's Ice Cream

■ States Reporting Cases

Size of Outbreak: ~ 224,000 cases in the U.S.

Microbiologic Investigation: Ice Cream and Environmental

- 266 unopened products, 32 production dates
- 8 positive for SE, 1 positive for *S. Thompson*
- SE positive products from 4 production dates
- Phage typing on 5 isolates: all were type 8
- Environmental samples: All negative

Concentration of *S. Enteritidis* in Ice Cream

| Date | Most probable number per g | Most probable number per 65 g (1/2 cup) |
|------|-------------------------------|---|
| 8/25 | <0.003 | <0.2 |
| 8/25 | 0.093 | 6.0 |
| 8/26 | 0.093 | 6.0 |
| 9/12 | <0.003 | <0.2 |

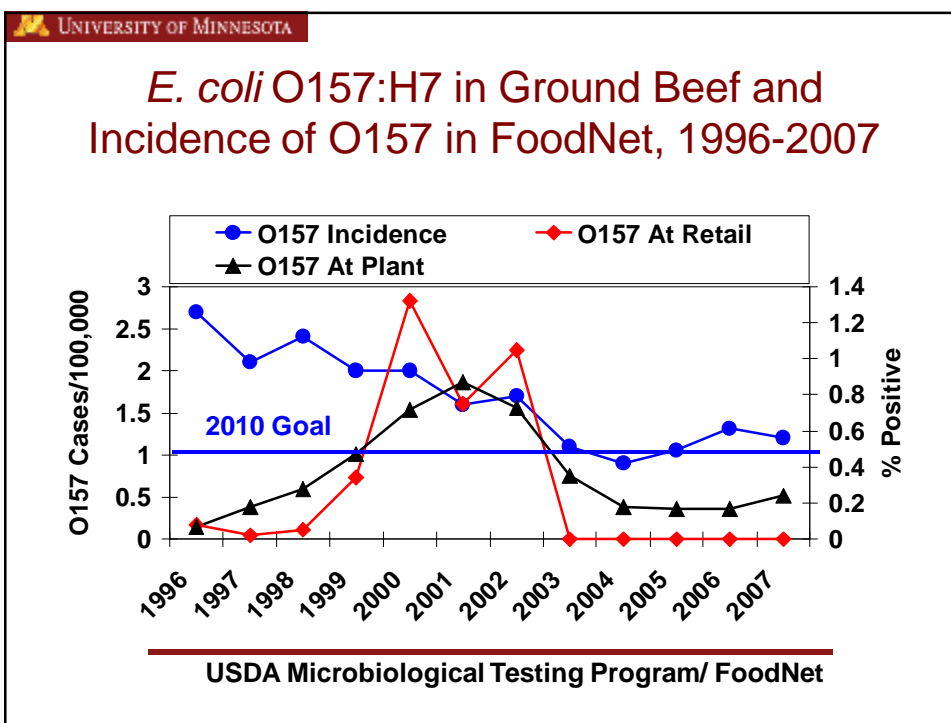
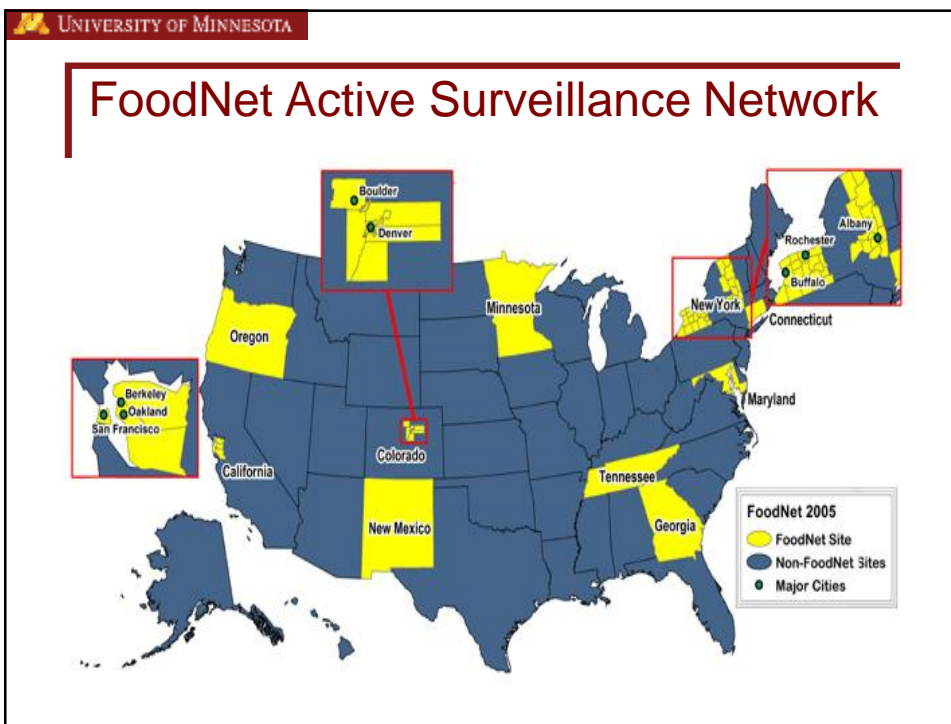
Schwan's Ice-Cream Associated Outbreak; 1994

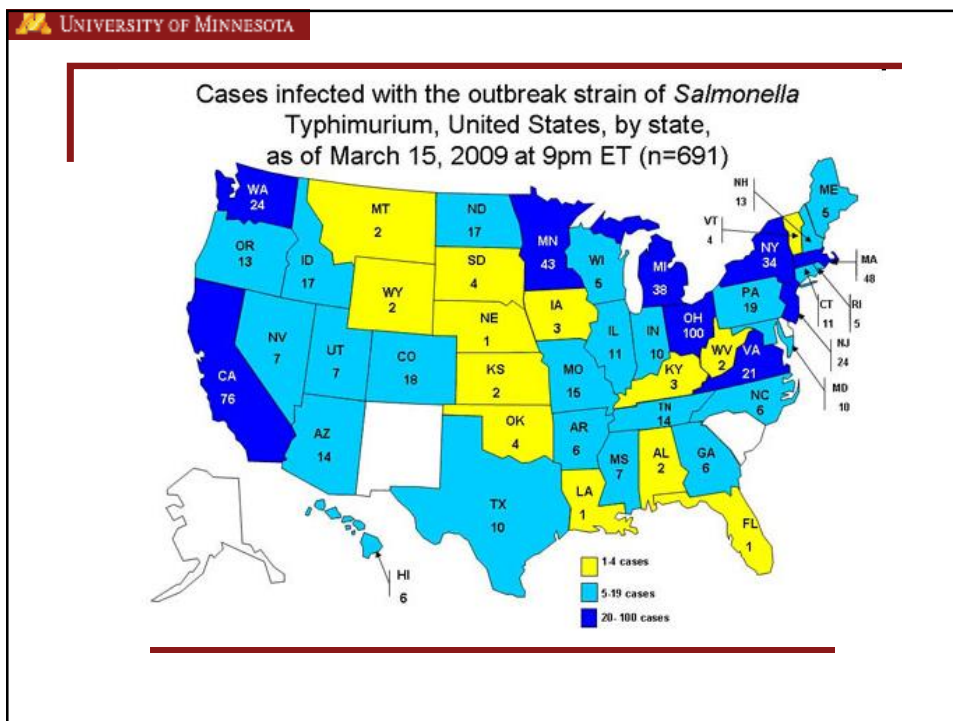
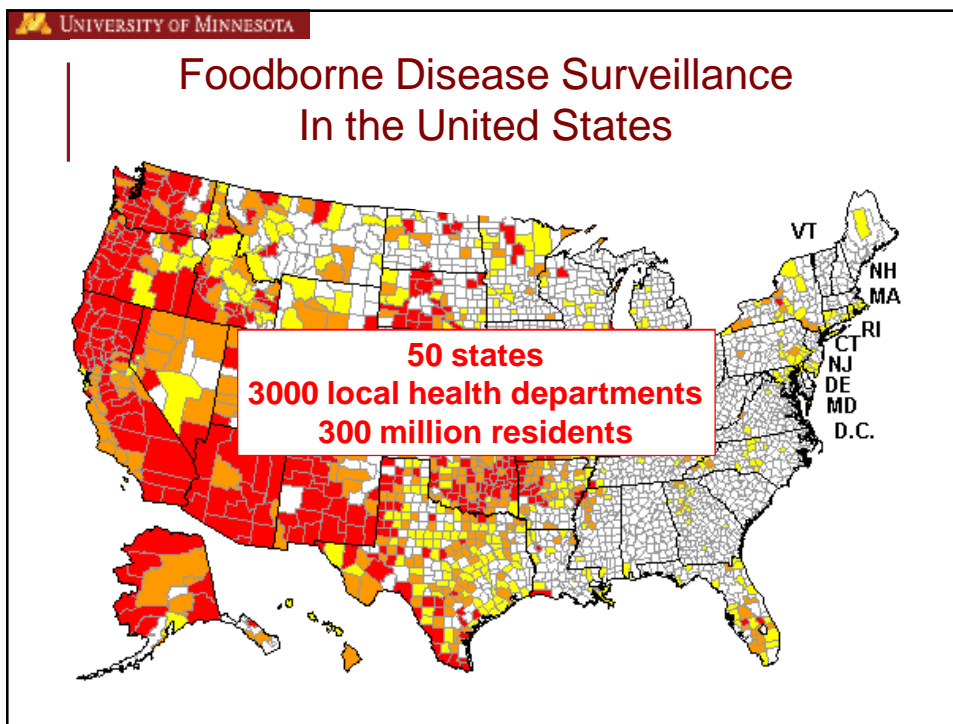


Source of Contamination

| Tanker loads pre-mix after eggs | Number case products | Number control products | Odds ratio* |
|---------------------------------|----------------------|-------------------------|-------------|
| 0 % | 2 | 6 | Reference |
| 1-24% | 7 | 17 | 1.2 |
| 25-50% | 5 | 9 | 1.7 |
| 51-100% | 7 | 3 | 7.0 |
| Total | 21 | 35 | |

*Chi-square test for trend, $p=0.02$

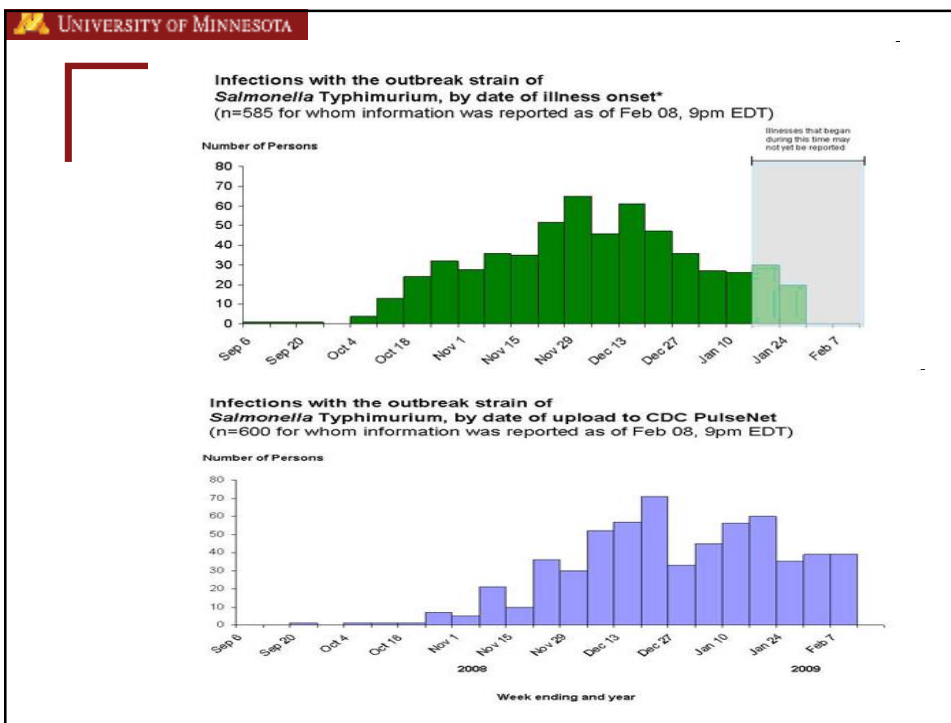


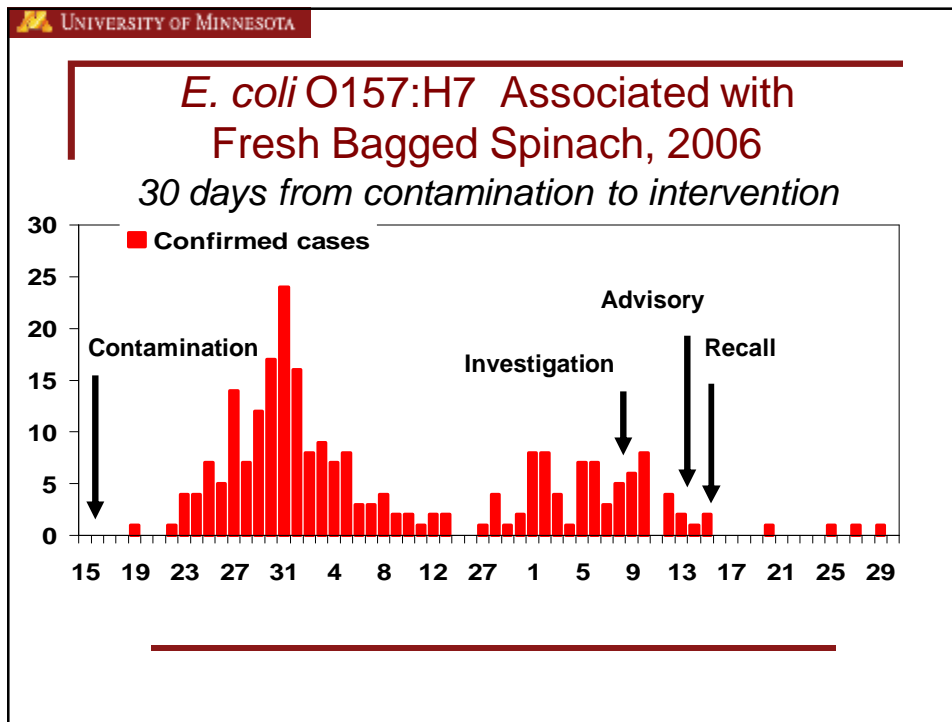


UNIVERSITY OF MINNESOTA

Median Intervals (days) and Range (by state) from Onset of Symptoms to Timeline Event

| Timeline Event | <i>Salmonella</i> | <i>E. coli</i> O157 |
|---|-------------------|---------------------|
| Collection of stool sample | 4 (2, 4) | 3 (2, 6) |
| Case report from clinician to health department | 9 (8, 11) | 7 (6, 7) |
| Submission of isolate to public health laboratory | 10 (8, 11) | 8 (5, 9) |
| Case interview | 14 (14, 22) | 12 (9, 16) |
| PFGE subtyping | 18 (15, 28) | 15 (11, 22) |

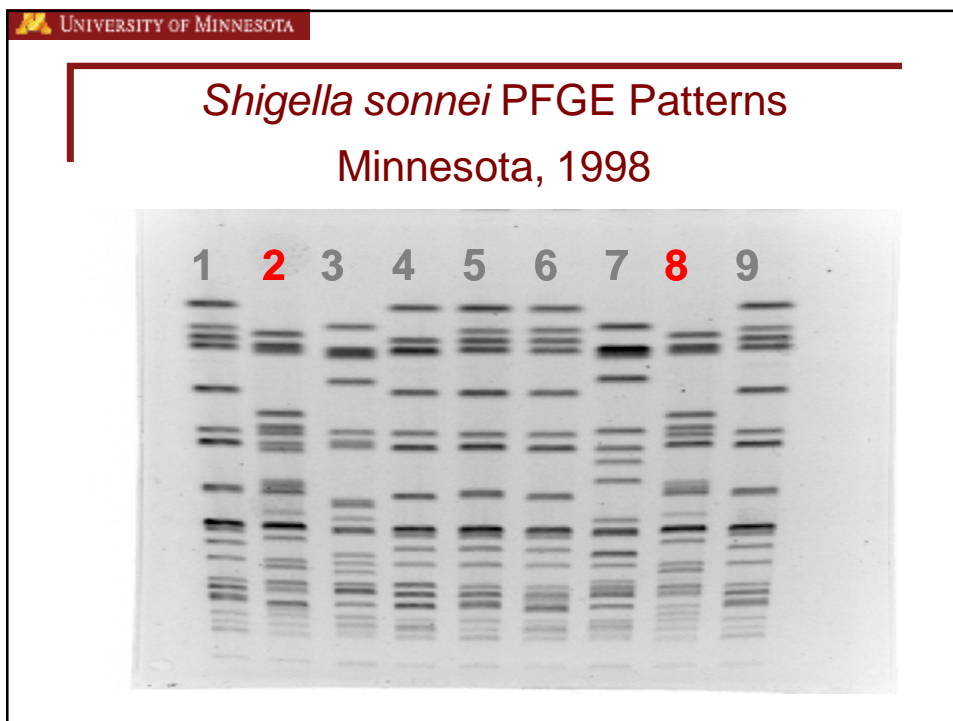
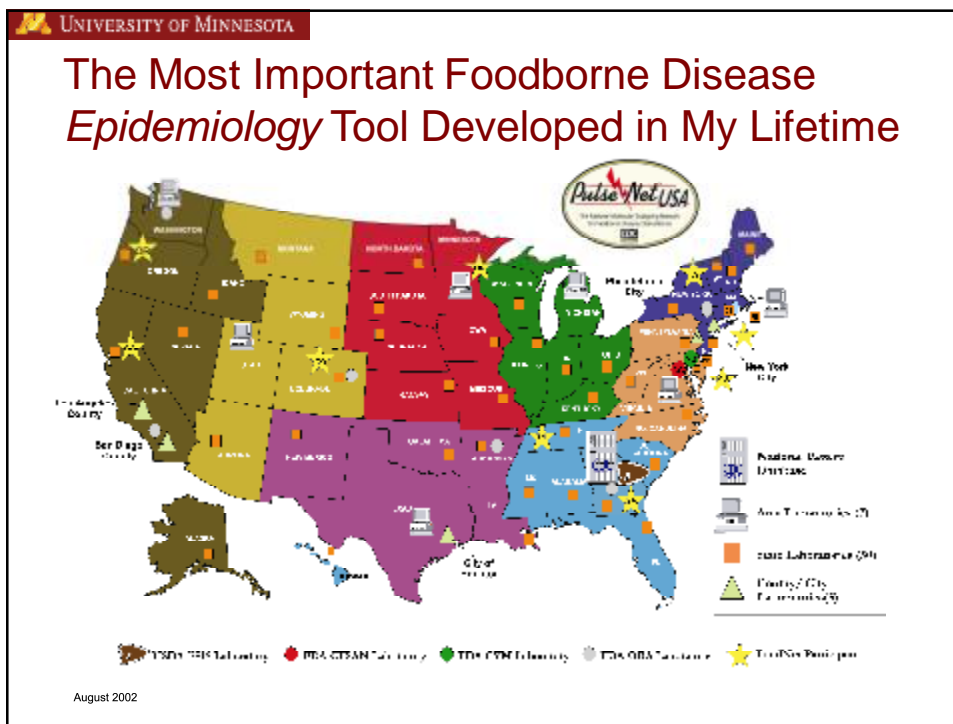


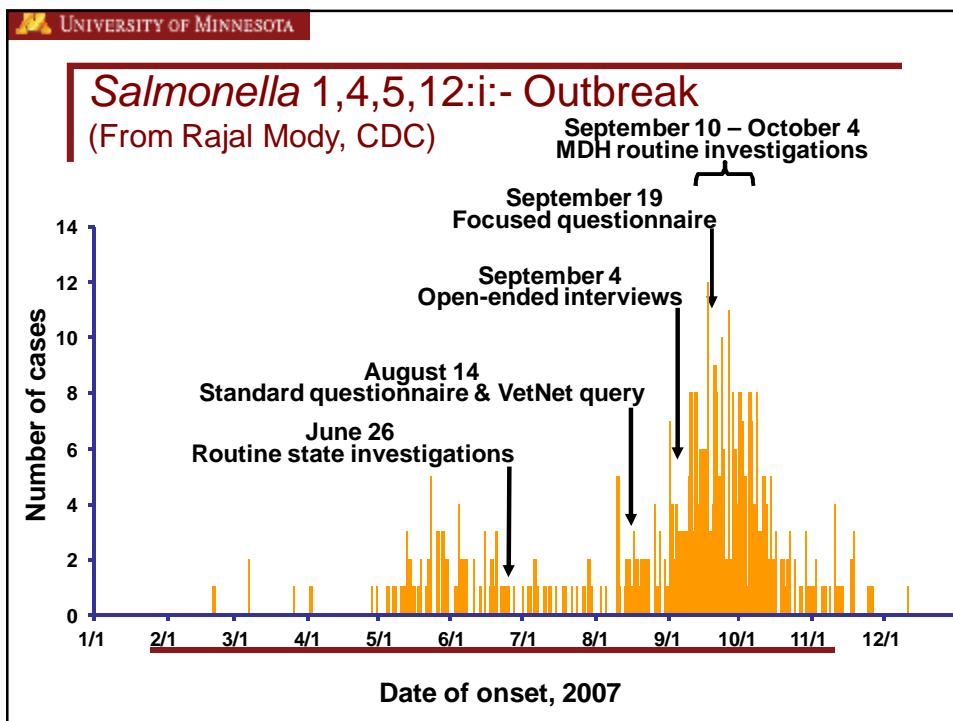
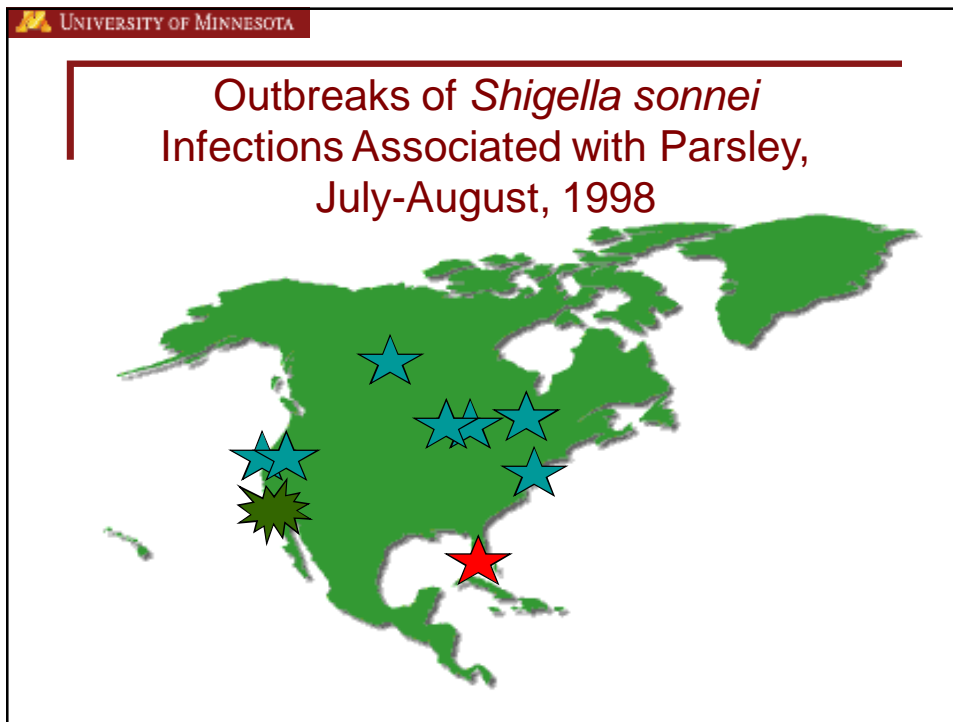


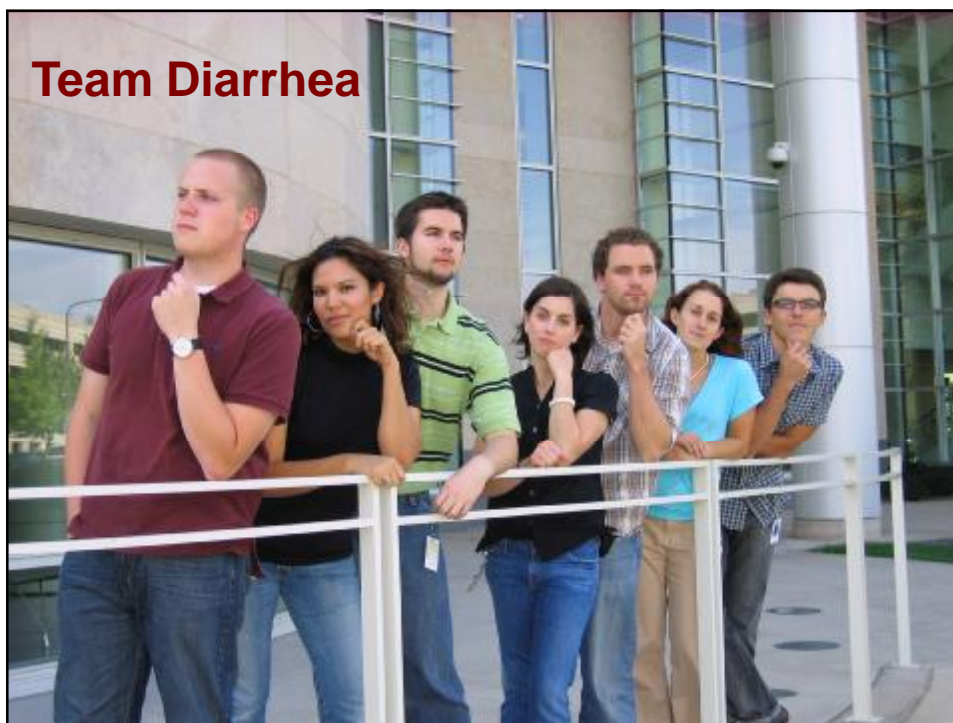
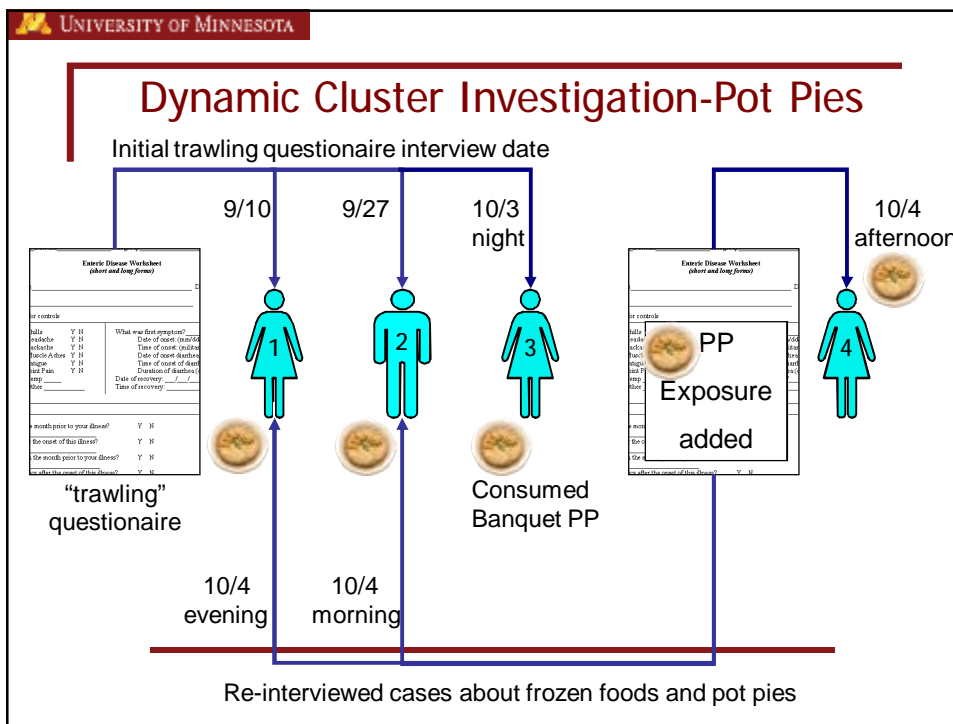
UNIVERSITY OF MINNESOTA

How to Improve Public Health Surveillance?

- Improving the safety of our food supply will require a commitment to public health surveillance of foodborne diseases based on the principles of epidemiology. Applying epidemiology to this task will require a similar commitment to increasing:
 - The sensitivity of outbreak detection
 - The specificity of outbreak investigation, with respect both to case-definitions and exposure sources
 - The speed with which outbreaks are investigated







The Council to Improve Foodborne Outbreak Response (CIFOR)

- CIFOR is a multidisciplinary working group convened to increase collaboration across the country and across relevant areas of expertise in order to reduce the burden of foodborne illness in the United States.
- The Council of State and Territorial Epidemiologists (CSTE) and the National Association of County and City Health Officials (NACCHO) are co-chairing CIFOR with support from the Centers for Disease Control and Prevention (CDC).
- CIFOR is actively exploring methods to evaluate and improve foodborne disease surveillance in USA.

Conclusion

- The unique ability of public health surveillance to identify new hazards, and provide population-based evaluation of the effectiveness of control measures makes it a prerequisite for effective food control programs, and a primary tool for food control research.
- Improving public health surveillance for foodborne diseases will require considerable investments at multiple levels. However, such investments are critical to the improvement of our food safety systems.